

welcome

June 21, 2026

WELCOME AND
ANNOUNCEMENTS

PRAYER

WORSHIP IN SONG

Romans 8:12-17

*Life and Hope
in the Spirit*

Ryan Miller

LORD'S SUPPER

CLOSING & PRAYER

sermon

notes

ANNOUNCEMENTS

INFORMATIONAL MEETING

Sunday June 28th at 6:00 PM. This meeting will provide information regarding a potential building opportunity and its possible use for future ministry. Childcare will be provided.

BOTTLES FOR BABIES

Baby bottles are due back. Bring your filled bottles to the Welcome Desk and help support the ministry of Life Choices.

SUMMER WOMEN'S BIBLE STUDY

Studying Colossians every other Tuesday evening from 6:30 - 8:15 PM. Study dates: June 30, July 14, 28.

SUMMER WORSHIP SCHEDULE

Sunday schedule through July 5th

Prayer 7:45 AM

1st & 2nd Services - 8:30 & 10:30AM

No Sunday School

SUNDAY SCHEDULE

7:45 GROUP PRAYER (HS ROOM)

8:30 1ST WORSHIP SERVICE

9:55 SUNDAY CLASSES

10:30 DONUTS & COFFEE

11:00 2ND WORSHIP SERVICE

RYAN MILLER, TEACHING & VISION

JIM MOORE, CARE & COUNSELING

JACOB KITCHENS, MISSIONS & OUTREACH

ANNA GALLATIN, MUSIC & WORSHIP

ZACH SCOGGIN, YOUTH

ADAM MARSHALL, ELDER

STEAVE HARMON, ELDER

LARRY RASMUSSEN, ELDER

JON WEITZENKAMP, ELDER

prayer + praise

Join with us this week as we pray for the following needs and praises:

EXPECTANT MOTHERS: Abby Von Seggern (Sep), Marin Kitchens (Sep), Angel Betts (Nov)

Missionaries to pray for: **Steve & Linda Walters.**
To send an e-mail:
stevewalters51@protonmail.com

BIRTHDAYS THIS WEEK: Liz Nelson, Naomi Johnson, Sonata Roberts, Barb Pierce, Bethie Baxter, and Carson Udd. **ANNIVERSARIES:** Brent & Laura Fitzke, Larry & Melinda Rasmussen. Pray they will grow in love for Jesus.

VACATION BIBLE SCHOOL

July 20th - 23rd, 6:00 - 8:15 PM K-6th Grade

Register now online -


www.fremontefree.org/vbs

Praise! **Nick & Maggie Weitzenkamp** welcomed a baby girl, Hattie Cynthia on June 7, 2026.

Praise! **Giuseppe and Erin Montesanto** welcomed a baby boy, Philip, on June 10, 2026.

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 @fremontefree

 FremontEfreeChurch

WIFI PASSWORD: psalm139

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& how to connect, visit

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SERMON QUESTIONS

1. What does v. 12 mean when it says that we are no longer debtors to the flesh? What implications does this have for the way we think about our battle against sin?
2. If we are saved only by the work of Christ (and not our works), then why do we still need to put to death the deeds of the body in order to live (v. 13)? How do you make sense of v. 13 in light of the rest of the book of Romans?
3. In v. 13, it's obvious that we are to put forth effort in our fight against sin. It's also equally obvious that this effort takes place in the power of the Spirit. How do we balance these two truths and why is it important that we take both truths into account?
4. The verbs used in v. 13 suggest that our fight against sin will be an ongoing effort. How does this change the way we think about our battle against sin?
5. What is the significance of being adopted into God's family? What difference does this make in the way we think about our relationship with God?
6. Why is it significant that we can cry out "Abba, Father"?
7. When you think of your relationship with God, do you tend to see yourself more as a slave or as a son? Why is it important to know you are a son?
8. What does it mean to be an heir of God and co-heir with Christ? How does that reality change the way you think about your current life issues?
9. Why is the qualification at the end of v.17 (provided we suffer) an important phrase?

Next Week's Passage: Romans 8:18-25